

Inside the lobby at BARWIS Performance Center 378 Hillsboro Technology Dr. sidewalkchef2go.com | 954.234.4228 Proudly Serving South Florida

SIDEWALK CHEF 2 GO CATERING

Sidewalk Chef 2 Go Catering brings gourmet food straight to you. Our five-star Chef Shashank Agtey has the skill set to provide a custom culinary experience that fits your needs. Let us cater your next event and enjoy a five-star experience today.

FROM THE LAND & THE SEA

CHOOSE HALF TRAY (SERVES 8-10) OR FULL TRAY (SERVES 16-20)

GRASS-FED BISON MEATBALLS \$75 | \$120

ANGUS BEEF MEATBALLS \$55 | \$90

SLICED FLANK STEAK \$55 | \$90

With peppers & onions

COFFEE RUBBED PORK LOIN \$55 | \$90

LEMON TARRAGON PORK LOIN \$55 | \$90

Roasted, juicy, and accompanied with lemon tarragon sauce

SLICED FILET MIGNON MKT | MKT

In natural au jus and cooked to order - let us know how you like your steak!

SLICED RIB EYE

MKT | MKT

In natural au jus and cooked to order - let us know how you like your steak!

RACK OF LAMB MKT | MKT

BRAISED BEEF SHORT RIBS MKT | MKT

Cooked low and slow

WILD SHRIMP STIR FRY

\$75 | \$120

Sautéed shrimp with mixed Asian veggies and spices

WILD SALMON

\$75 | \$120

Seared wild salmon served with mustard sauce

WILD COD

\$70 | \$115

Baked cod topped with chopped tomatoes and black olives

COD CAKES \$80 | \$150

Wild cod, tender and flavorful, sautéed with pepper and onions; served with mustard sauce

JUMBO LUMP CRAB CAKES MKT | MKT

Decadent jumbo lump crab cakes, juicy and delicious

SNAPPER LIVORNAISE

MKT | MKT

With capers, white wine, butter, chopped tomatoes

POULTRY SELECTIONS

CHOOSE HALF TRAY (SERVES 8-10) OR FULL TRAY (SERVES 16-20)

TURKEY MEATBALLS IN MARINARA

\$55 | \$95

House-made, from all-natural ground turkey in fresh marinara

TURKEY MEATLOAF

\$55 | \$95

House-made, juicy and tender ground turkey meatloaf with traditional brown gravy on the side

EVERYDAY THANKSGIVING \$60 | \$110

House oven-roasted sliced turkey breast with a side of house-made gravy

TURKEY TACO BOWL

\$60 | \$110

All-natural juicy ground turkey with tomatoes, onions, and peppers; served with guacamole

TURKEY CHILI

\$55 | \$95

Five-bean chili with a tamarind spice and juicy, tender ground turkey

GRILLED CHICKEN THIGHS

\$60 | \$110

Char-rubbed, boneless skinless grilled chicken thighs

BBQ CHICKEN

\$60 | \$110

Boneless skinless chicken thighs in our house-made BBQ sauce, tender and juicy

JERK CHICKEN

\$60 | \$110

Boneless skinless chicken thighs marinated in jerk seasonings

ASIAN STIR FRY WITH CHICKEN

\$60 | \$110

Sliced boneless, skinless chicken thighs with Asian mixed veggies

CHICKEN ROLLATINI

\$75 | \$120

Pounded boneless, skinless chicken breast stuffed with sautéed spinach, sundried tomatoes, and diced mozzarella

CHICKEN PICCATA

\$55 | \$99

Sautéed boneless, skinless chicken breast with white wine, lemon butter sauce and capers

CHICKEN MARSALA

\$55 | \$99

Sautéed boneless skinless chicken breast with marsala wine, and butter, and topped with sliced Portobello mushrooms

BOURBON MAPLE-RUBBED BONE-IN CHICKEN QUARTERS

\$55 | \$90

Roasted low and slow, fall off the bone

PASTA & SIDES

CHOOSE HALF TRAY (SERVES 8-10) OR FULL TRAY (SERVES 16-20)

PENNE AIOLI

\$40 | \$70

Olive oil and garlic or marinara

PENNE BOLOGNESE

\$45 | \$75

PASTA PRIMAVERA \$45 | 75

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MAC & CHEESE

\$45 | \$75

RIGATONI ALLA VODKA

\$45 | \$75

VEGGIE LASAGNA

\$45 | \$75

BASMATI RICE

\$35 | \$65

BASMATI RICE PILAF

\$40 | \$75

HONEY ROASTED BRUSSELS SPROUTS

\$40 | \$75

BROCCOLI AIOLI

\$40 | \$75

SPAGHETTI SQUASH

\$40 | \$75

With marinara

CORNBREAD BAKE

\$25 | \$40

EGGPLANT PLANKS

\$40 | \$75

Dusted with chickpea flour

JUMBO ROASTED ASPARAGUS \$40 | \$70

GREEN BEANS ALMONDINE

\$40 | \$70

SEASONAL MIXED VEGGIES

\$40 | \$70

COCONUT MILK MASHED POTATOES

\$35 | \$65

ROSEMARY ROASTED POTATOES

\$30 | \$55

SWEET POTATO MASH

\$35 | \$60

ANCIENT GRAINS

\$40 | \$75

PLANTAINS \$35 | \$60 Inside the lobby at BARWIS Performance Center 378 Hillsboro Technology Dr. sidewalkchef2go.com | 954.234.4228 Proudly Serving South Florida



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SALADS DESSERTS

CHOOSE HALF TRAY (SERVES 8-10)
OR FULL TRAY (SERVES 16-20)

HOUSE SALAD \$30 | \$55

Mixed greens, tomato, cucumber and shredded carrots: choice of honey mustard or citrus vinaigrette

KALE AND BRUSSELS SPROUTS SALAD \$50 | \$75

Shredded kale, shaved Brussels sprouts, cran raisins, and mini Peruvian peppers with a mango turmeric dressing

SPINACH SALAD

\$55 | \$80

Hard-boiled eggs, house-pickled onions, seasoned chickpeas and sprinkled with gorgonzola cheese; served with citrus vinaigrette dressing

SEASONAL FRUIT PLATTER \$45 | \$70

DELUXE COOKIE PLATTER

\$35 | \$75

House-baked chocolate chip cookies, organic snickerdoodle, vegan chocolate chip, vanilla macaroons, chocolate chip macaroons

CHOOSE HALF TRAY (SERVES 8-10)

OR FULL TRAY (SERVES 16-20)

CHOCOLATE BOMB

\$30 | \$58

ASSORTED MINI CHEESECAKES

\$30 | \$58

BAKLAVA

\$30 | \$58

TIRAMISU

\$30 | \$58

FLAN

\$30 | \$58

Requests are welcome! Email **barbara@sidewalkchef2go.com** and let us know how we can help.

Full china service, servers and bartenders, and plated dinner service are all available upon request.

Please allow minimum 48 hours for all orders.

We accommodate dietary needs. Please inform us of any food or allergen restrictions when placing your order.



MEET SHASHANK AGTEY, FIVE-STAR CHEF

An accomplished chef with a long history of cooking in some of South Florida's finest restaurants, Chef Shashank Agtey is no stranger to fine dining. His experience includes serving as the Executive Chef of Cafe September for 16 years, Executive Chef of Riverside Hotel for five years, and Executive Chef of Hillcrest Country Club for five years. In 1988, he was inducted into the Chaîne des Rôtisseurs, an elite gastronomical society, and received its Five-Star Award. He has also cooked for presidents George Bush, Sr., and Bill Clinton during their time in the White House. Chef Shashank was also the Executive Chef of Sidewalk Chef Kitchen, a neighborhood favorite in Fort Lauderdale. Currently, he's at the helm of Sidewalk Chef 2 Go, located in the lobby at BARWIS Performance Center of South Florida, where he works with athletes in multiple disciplines on their fitness and nutrition goals through healthy meal prep.

Chef Shashank's successful cooking career and passion for athletics have led him to his current life path and mission. He is passionate about serving his community and wants to help others live their healthiest life through his motto, "Health is Wealth." Visit sidewalkchef2go.com to learn more.